

GYM AND LOCKER ROOM RULES AND PROCEDURES

1. No food, gum, pop or candy.

All food must be deposited in the garbage before entering the gym!!! Although gum is acceptable throughout other parts of the building, it can be especially dangerous when participating in physical fitness activities. Therefore gum, candy and other snacks are NOT allowed in the gym.

2. All jewelry needs to be taken off and locked up in lockers.

(Earrings, necklaces, rings, etc...) Teachers are not responsible for any jewelry brought to class and strongly recommend leaving valuable jewelry at home.

3. Tardiness

Students must be in the locker room or past the red poles outside the gym by the final bell. From the time of the final bell, students will have 5 minutes to change into their P.E. clothes and begin warm-up procedures in the gymnasium. Being tardy to the red poles will result in a signature in the redbook, being tardy to the gym after changing will be reflected in your citizenship grade.

4. Locker Room Rules

Using the locker room is a privilege

No glass containers

No electronic devices

Students are responsible for cleaning up after themselves

All belongings must be locked up in the student's assigned gym locker during and after class

No throwing items over, under, or around the lockers

All gymnasium rules apply to Locker rooms

5. Lost and Found

All articles found in the gym or locker room area are to be turned into the lost in found box in the locker rooms. Please turn in items of value to the gym office. If a student has lost an item, first, check the lost the found box, then check with the appropriate teacher.

6. Locks

Each student will be issued a combination lock and a locker in the locker room. The student is responsible for the lock as long as he/she is in the class. School policy states if the lock is lost or damaged, students are required to cover the cost of the lock.

7. Injuries in Class

Should a student hurt themselves in class or in the locker room, he/she should inform the teacher immediately! The only way a teacher can help the student is if a teacher knows what has happened and can give the injury prompt first aid attention. For reason of safety, again, **no jewelry is to be worn in class.**